

Enjoy our Shampoo Bars!

Natural, handmade soap formulated for using as a shampoo has a different texture than general store bought liquid shampoo. Most liquid shampoos contain up to 60% water. By liquefying your own bar soap, you save on shipping, packaging and can control the thickness of the final product.

During the soap making process, natural glycerin is created and remains in each bar. On average each 4 ounce bar of soap contains 10% remaining glycerin. While glycerin is a wonderful moisture attractant (humectant) your skin and scalp may be less dry, you may feel your hair is coarser, weighted down or heavier than normal. We suggest using a vinegar rinse to help balance the alkalinity of the soap and to soften the hair.

To liquefy a shampoo or soap bar – no cook method

- Grate one part soap into 2 to 3 parts of warm water (*preferably distilled water or boiled water that has cooled*).
- Example; 2 ounces of soap in 4 ounces of water makes for a thick liquid, 2 ounces of soap in 6 ounces of water makes for a thinner liquid soap.
- Allow to sit covered overnight or for up to 48 hours.
- Stir gently to avoid bubbles.
- After soap has melted into the water, pour into a plastic container for easy use.
- Bottle/ soap mixture may need to be lightly shaken if left to sit for too long as it may settle into layers.
- Good for up to two months if bottled and left in the refrigerator between uses.

Simple Vinegar Rinse

Mix 1 Tablespoon to ¼ Cup of Apple Cider Vinegar to one Cup of Warm Water. The strength of the vinegar is up to you as each hair type is different.

Pour the conditioning vinegar rinse through your hair after shampooing and rinsing. Try to let the vinegar rinse run through your hair and scalp, and allow it to rest for 1 minute. Rinse with cool water as normal.

You will find a variety of recipes on the web with infusions of herbs in warm vinegar if you would like to experiment.